



2026 Paddle Europe

Junior & U23

Slalom Championships

**2026 Paddle Europe
Junior & U23 Slalom Championships
Épinal France**

Competition Guide

Not all information was available in a timely fashion for this guide. Text with a dark green highlight is to be confirmed. Text in dark red is specific to this event, so will be covered at the Team Leaders' meeting.

As the information becomes available this document will be updated and posted to the PEU page for the competition. Notification of these changes will be posted on the Official Communications Channel.

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1 Introduction

Paddle Europe is delighted to welcome you for this 2026 PEU Junior & U23 Canoe Slalom European Championships.

In this Competition Guide, you will be able to find generic along with specific competition information.

If you have any questions, PEU topics or specific to the event, please contact the person in charge, referred in the following tab:

Role	Name	Contact details
CSL Committee Chair	Sára SEPRENYI	SSEPRENYI@paddle-europe.eu
FFCK Competition Manager	Sebastien TESTER	stester@ffck.org
HOC Competition Manager		
Paddle Europe	Events	events@paddle-europe.eu

2 Competition Officials

Role	Name
Jury Chair	Greg Smale (GBR)
Jury Member	Moiria Aston (IRL)
Jury Member	
Competition Manager	
PEU Slalom Chair	Sara Timea Seprenyi (HUN)
Chief Judge / Chief Official	Colin Woodgate (GBR)
Technical Organiser	
Course designer 1	
Course designer 2	

3 Canoe Slalom Rules and Rules Appendices

This competition will be run under the [ICF Canoe Slalom Rules](#) and [Appendices](#) as modified by [Paddle Europe Slalom Rule differences](#) by and according to the specific information listed in this Competition Guide.

Any decision which could be voted during the Team Leader Meeting will be updated in the Competition Guide before the start of the competition.

4 Official Communications Channels

a Official Notices



[Link to join the group](#)

This will be only broadcast messages from the organisation, Chief Official/Chief Judge, PEU Slalom Chair or Paddle Europe Event Manager (if any)

5 Pre-race requirements (checklist)

a Anti-doping education program

All athletes, coaches, and support personnel must have completed the relevant anti-doping online course on the WADA Anti-Doping Education Learning platform (ADEL) corresponding to their role. The certificates showing completion should be sent by each National Federation to the PEU Slalom Chair Sára SEPRENYI SSEPRENYI@paddle-europe.eu. Previous certificates are still valid for this season. There is no need to repeat the program unless the person's role changes (e.g. athlete becoming coach).

Accreditations will not be issued until the certificates are marked off.

More information is available on the [ICF website](#)

b Entry list checking

Once the team leader arrives on the competition site, they must go to the accreditation office to check:

- the entry list per nation and notify of any modifications to nominal entries
- the national anthem
- the national flag

c Official training sessions requests

If any NF had a specific request concerning the official training sessions for a competition, these should have been sent by email to the PEU Slalom Chair before the numerical entries' deadline. No requests will be considered after that deadline. The PEU team will try to match these requests when building the official training schedule. Do not consider that a request sent will necessarily be done.

d Guidelines for advertising on equipment

i Generic guidelines

For canoe slalom boats, ICF Nation and athlete's name stickers are mandatory. Further information can be found in the [ICF guidelines for advertising trademark identification on equipment](#) document.

For Kayak Cross boats, only the Nation Sticker is required. It has to be placed in a suitable place in front of the cockpit. The actual location may vary depending on the model of the boat. The Nation sticker is the same dimensions as for the Canoe Slalom boats.

ii Specific guidelines for the 2026 PEU CSL Jun & U23 Championships.

If there are sponsor stickers to put on the boat. They will be available in the Accreditation office.

Any Sponsor stickers must be shown here.

e Technical Video Service

A TVS feed download solution will be available for all events and demonstration runs.

PEU TVS manager: Hape Weiss

6 Venue information

a Course information

Name of the course	Base Natur'ò
Competition course length	210m
Competition course drop	3.5m
Competition Course flow	12m ³ /s
Water regulation on course	Automatic

b Venue layout

A venue map is attached in Appendix 1.

c Venue Access

Please add any notes regarding access, such as roads closed, any gates, etc.

d NF areas

Opening hours of the NF area: from 07:00 to 20:00 from 25/06/2026 to 05/07/2026.

Trailer parking: from 07:00 to 20:00 from 25/06/2026 to 05/07/2026.

It is forbidden to add additional tents in the NF area.

Power distribution

Please make sure that your electrical equipment is reliable and does not create any shortcuts or overload on the main network during the competition.

Wireless routers

Wireless routers must be outside the following frequencies:

- 5785 GHz, band width +/- 20 MHz
- 5825 GHz, band width +/- 20 MHz

At no time should any wireless router system be connected to the computer which is connected to the TVS LAN cable

Any team found to be using a device affecting the competition will have power removed to their compete system.

e Equipment control

Equipment Control for canoe slalom and Kayak Cross Individual is located just after the finish line on the right bank.

Self-checking is open: Sunday, 2nd August from 9:00 to 20:30, Monday, 3rd August from 7:00 am to 4:00pm, and Tuesday 4th August 9:00 to 12:00 at the finish area.

Equipment control will be open each competition day 1h before the 1st boat starts.

In Canoe and Kayak event and in Kayak Cross Individual: there will be random post competition control checking.

In Kayak Cross Elimination races, equipment control is located next to the start ramp in the start ramp passage and will be pre-competition for all athletes.

f Doping control

Location: where (see point 00 on the venue map).

Athletes will be notified for Doping Control in the finish area.

Passports or ID are required for Athletes selected for doping control.

g Enquiry/Protest desk

Location: between ITO's room and Sport Information desk.

h Medal ceremonies

Medals will be presented at the podium. Athletes should gather at the medal ceremony preparation area (see point number 0 on the map).

Schedule: see competition schedule, after each session of finals.

Athletes involved in the Finals for Canoe Slalom events should bring their national uniform to the medal ceremony preparation area. There will be boxes there to place the uniform in. There is only a short time between the end of the competition and the medal ceremonies.

7 Competition Information

All the information concerning the competition is available and updated online on the [2026 Paddle Europe Junior & U23 Slalom Championships](#). Updates will also be posted to the Official WhatsApp communication channel.

a Official Training Schedule

Canoe and kayak training sessions on Sunday 1st August until Tuesday 4 August.

Kayak Cross training sessions on are planned around each day's slalom training.

As at every competition, athletes competing exclusively in Kayak Cross are not permitted to participate in the slalom training sessions. This also applies to canoe slalom athletes not competing in kayak cross, they are not permitted to participate in Kayak Cross training sessions.

b Competition Schedule

The course is closed following the end of official training (Tuesday 4th August – 13:30) until the end of the competition.

The competition schedule version 3 will be spread on WhatsApp before 10:00 on Tuesday 4th August.

c Demonstration Runs

i Demonstrators / Forerunners

A list of forerunners will be added at Appendix 2.

ii CSL Heats & Teams

Start	Finish	Tuesday 04 August 2026			
14:30:00	15:00:00	Course tuning With Demo Runners	1	0:30:00	0:30:00
15:00:00	15:10:00	Course Approval	1	0:10:00	0:10:00
15:10:00	15:16:00	Demonstration Full Runs	8	0:02:00	0:16:00

There will be 2 hours for course observation after the Demonstration runs.

iii Semi & Finals Course

Start	Finish	Thursday 06 August 2026			
17:16:00	18:16:00	Course construction	1	1:00:00	1:00:00
18:16:00	18:46:00	Course tuning With Demo Runners	1	0:30:00	0:30:00
18:46:00	18:56:00	Course Approval	1	0:10:00	0:10:00
18:56:00	19:02:00	Demonstration Full Runs	8	0:02:00	0:16:00

d Course map distribution

The Kayak Cross course map is available on [2026 Paddle Europe Junior & U23 Slalom Championships](#) by noon on Saturday 1st August. The canoe slalom course maps will be posted online and spread on the WhatsApp Group on:

- Heats & Teams course: Tuesday 4 August at 18:00
- Semi/Finals course: Thursday 6th August at 17:00

e Course Approval

i Generic rules

Paddle Europe wants to remind you that the course designers are:

- Selected from a pool of skilled people proposed by the NF,
- ITOs, which means independent from any NF during the competition.

Any pressure or kind of harassment towards the course designers, as for any ITOs, may lead to sanctions.

ii 2026 PEU Junior & U23 Slalom European Championships course approval information

National Federations feedback about the course designs can be reported to Sára Seprenyi, the PEU Slalom Chair, to be integrated into the Course Approval process. Feedback will be accepted from only one representative per federation at the following times:

- Heats course & Teams course: on Tuesday 6 August 2026 from 14:40 to 14:50 at the top bridge, river left.
- Semi/Finals course: on Thursday 8 August 2026 from 18:30 to 18:40 at the top bridge, river left.

f Bib Distribution

Images of the bibs, and their number ranges are available in Appendix 3.

- Training bibs will be available from the from the Sports Information desk from 7:00 on Saturday 1st August. All training Bibs for a nation must be returned together after the last training session for the nation on Tuesday 4th August.
- CSL and Kayak Cross Individual competition bibs will be available at the Sports Information Desk from 12:00 on Monday 3rd August.
- Accreditation Fees must be fully paid to receive competition bibs.
- A 100 euros deposit (cash only) is required at the collection of the bibs and will be returned once all the competition bibs are returned. All Competition bibs need to be returned.
- The Kayak Cross Individual bibs will be collected right after each athlete's run in the finish line area.
- For Elimination phases the number and colour bibs will be distributed individually at the start area before the first heat. Then, the colour bibs will be collected at finish line area and reissued in the start area.
- The number bibs need to be brought back to the Sport information desk (all at once) after the competition (the deposit will be given back to you at this time).

g Opening Ceremony

The opening ceremony will take place in downtown Epinal on 4 August 2026. The goal will be to introduce our sport and the athletes to all residents of the city and to young people in the leisure centres. Athletes must wear uniforms and will parade in nation groups.

Meeting point:

Schedule:

18:30 18:45 forming of the Athletes Parade in order, flag distribution.

18:45 All involved in the parade to be at the meeting point

19:00: Start of the Ceremony, & Athletes Parade. Teams are going through the town, flags are given to the volunteers in front of the podium and parade continue their walk to the tribunes – through the small bridge in the middle of the course.

When all Athletes reach the tribunes, official speeches begin and the Ceremony is run according to formal protocol.

Map of the parade route?

8 Canoe and Kayak Events

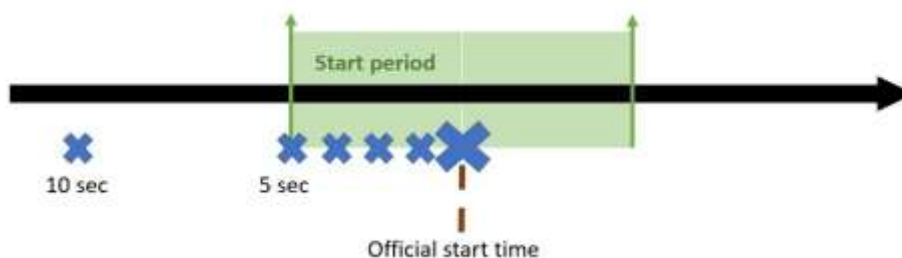
a Pre-start procedure

There will be a clock on river **right** showing race time and the next athlete to start.

b Start

i Generic rules

- At all times, the athletes must follow the Starter's instruction, or they may be disqualified for the run.
- At the start, there will be a countdown clock showing the time to start.
- There will be an acoustic signal (10 seconds before start, and then from 5 seconds before start - 4 shorts, 1 long - start).
- Athletes may start 5 seconds either side of their official start time which is signified by the long beep on the start clock.



ii Specific Rules

The starting boat must be in the start blocks in front of the partners' panel, in front of the kayak cross start platform.

The beam line is **6m** after the start blocks.

Athletes may move to the start position once the previous athlete has broken the beam but must be at the start position 15 seconds before their start.

For the Teams Events the second and third Athlete should line up towards river **left** behind the level of the sponsor banner. Remember the first Athlete to break the beam should be in the Start blocks this can be "A", "B", or "C".



c Finish

i Generic rules

- During the finals, the leading, the second and third athletes must proceed to the "Kiss and Cry" area located after equipment control where the race leader will be interviewed.
- Athletes must not leave the finish zone until dismissed by the Equipment Control Official once they are no longer needed for the ceremonies, anti-doping or equipment control.
- They then proceed **via the mixed zone back to the Athlete** area.
- Athletes should wear their competition bib in the mixed zone for identification purposes.

ii Specific rules

- The finish beam is marked by **banners on each bank**.
- All athletes must wait at the end of the channel, they will then be instructed to **exit via the stairs at the bottom of the course to pass through equipment control, kiss and cry and mixed zone, or that they may leave the area.**

9 Kayak Cross events

a Pre-start procedure

i Generic rules

Athletes need to be at the pre-start area prior to their start to prepare their boats (and equipment control during the Elimination phase), and receive any final instructions (colour bibs distribution, choosing their start lane).

Volunteers will be there to help your athlete, if needed, on the ramp.

ii Specific rules

Athletes need to go through equipment control in the white tent in front of the start ramp, river left (see point 2 on the map – START RAMP PASSAGE).

Access to start ramp will be from river left.

b Start procedure

i Generic rules

- An automatic start machine will be used for all phases.
- At all times, the athletes must follow the starters instructions.
- The start time for Kayak Cross Individual will be triggered by photocell.
- At the start, a Pre-Start Official will inform your Athlete if they have progressed.
- As an automatic starting mechanism is to be used, the athlete must start with both hands on the paddle, positioned alongside the kayak. The front hand must be placed over the middle of the boat on one side, in contact with the boat or the spraydeck.



- The start orders will be the following ones:
 - 1)"In position" => the athletes must place their paddle in the start position
 - 2)"Ready" => the athletes wait in steady position; no movement is allowed following the "Ready" command.
 - 3)The platform will tilt to indicate the start. The starter will not say "Go".

ii Specific rules

I ➤ Kayak Cross Individual

- Athletes must start from lane 2 on the platform (second lane from river right).
- The start interval is 1 minute; athletes should get in their boat directly on the platform.

II ➤ Elimination phases

- Athletes should be settled in the start position on the ramp 90 seconds before their start time.
- They should then listen to the sports presentation where they will be introduced to spectators.

c Finish

I Generic rules

- The finish time for Kayak Cross Individual will be triggered by photocell.
- During the Elimination phase a photo finish system will be deployed.

II Specific rules

- There is a different finish line to the canoe & kayak events – see the map.
- All athletes must exit via the stairs at the bottom of the course to pass through kiss and cry and mixed zone.

d Rules reminder

I Kayak Roll

For the roll barrier, the roll must be performed by going down on one side and coming up on the other. During the execution of the roll, the boat must be underneath the barrier for at least one phase of the action.

II Dangerous Contact

In the case of dangerous contact, the judges will decide the penalty and one or both boats may be penalised.

10 Other Topics

a Injury & illness report

The ICF Medical Committee has developed a new reporting tool (Microsoft Forms) through which your athletes, team leaders, and team staff can report any injury or illness occurring during an ICF or PEU competition. This tool is available across all ICF disciplines and is fully anonymous and confidential.

The purpose of this initiative is to collect data that will enable the ICF Medical Committee and the ICF Discipline Committees to assess potential risks and implement the necessary measures to ensure athlete safety.

The tool is accessible on the ICF website, under Events – Athletes – [Athlete Health and Wellbeing page](#).

We would greatly appreciate it if your athletes, team leaders, and team staff could complete the form throughout the season whenever a relevant incident occurs.



b Prevention of Harassment and Abuse in Sport (PHAS)

i Policy and statement

Prevention of Harassment and Abuse in Sport (PHAS) Policy aims to protect the physical and psychological integrity of the athletes and any other person related to the paddling family.

The ICF strongly condemns harassment and abuse in all forms at any time and is committed to preventing this conduct by acting diligently to avoid its occurrence, and inappropriate situations that may give rise to their happening.

ii The policy will be applied during ICF and PEU competitions.

Suspected harassment and abuse must be immediately reported. The report form is available on the ICF website and will be treated with impartiality and confidentiality. Local regulations must be followed in all cases.

iii PHAS officer during this competition

Please report any occurrence to the PHAS officer: Sára SEPRENYI
(SSEPRENYI@paddle-europe.eu)

iv Reference and tools

[Prevention of Harassment and Abuse in Sport \(PHAS\) Policy](#)

[Safeguarding PHAS Report form](#)

c Nutrition study



PADDLE. SCAN. IMPACT.

FOR THE NEXT 5 MINUTES...

YOU ARE THE SCIENTIST.

Your answers today can help improve athlete nutrition research for years to come.

SCAN THE QR CODE
and join the first Paddle Europe study on athletes' nutrition, supplement use and training practices.

TAKES ONLY 5 MINUTES

ATHLETES FROM ALL NATIONS WELCOME

ANONYMOUS & VOLUNTARY

SMALL EFFORT. BIG IMPACT.

FINS Institute of Food Technology in Novi Sad (FIMS) University of Novi Sad

UNIVERSITY OF NOVI SAD Faculty of Sport and Physical Education University of Novi Sad

PADDLE EUROPE

11 Sponsors and Supporters

a Paddle Europe Sponsors



PLASTEX boats for
champions



HOODY:



b Event Sponsors



Appendix 1 Venue Map

To be provided

Appendix 2 Demonstrators / Forerunners

Canoe and Kayak Events

Heats & Team events demonstration

- *Course tuning*
- *Full course rehearsal*

Event	Bib	Name	Event	Bib	Name
WK1	1		WK1	5	
MK1	2		MK1	6	
WC1	3		WC1	7	
MC1	4		MC1	8	

- *Team events–full rehearsal*

Event	Bib	Name	Bib	Name	Bib	Name
WK1	1		5		9	
MK1	2		6		10	
WC1	3		7		11	
MC1	4		8		12	

Heats & Team events forerunners

- *Kayak Heats - Forerunners*

Event	Bib	Name	Event	Bib	Name
WK1	1		WK1	5	
MK1	2		MK1	6	

- *Kayak Team event – Forerunners*

Event	Bib	Name	Bib	Name	Bib	Name
WK1	3		5		9	
MK1	4		6		10	

- *Canoe Heats – Forerunners*

Event	Bib	Name	Event	Bib	Name
WC1	3		WC1	7	
MC1	4		MC1	8	

- *Canoe Team event – Forerunners*

Event	Bib	Name	Bib	Name	Bib	Name
WC1	3		7		11	
MC1	4		8		12	

Semi / Finals demonstration

- Course tuning
- Full course rehearsal

Event	Bib	Name	Event	Bib	Name
WK1	1		WK1	5	
MK1	2		MK1	6	
WC1	3		WC1	7	
MC1	4		MC1	8	

Appendix 3 Bib Design Allocation

Forerunners

Forerunners will use the training bibs from number 1 to number 12. Refer to the Demonstrator & Forerunners list (appendix 2).

CSL Individual events

All Slalom individual bibs will be the same design, differentiated by the number sequence

	MK1	WK1	MC1	WC1
Junior				
Under 23				

CSL Team events

	MK1	WK1	MC1	WC1
Junior				
Under 23				

Kayak Cross Individual

	MK1	WK1
Junior		
Under 23		

Kayak Cross Elimination

Elimination phase number bibs will be distributed at the pre-start area.

In each bracket, athletes will place a colour bib to designate their ranking in the kayak cross individual over their number bib. The colour bibs will change around depending on who proceeds and will be distributed directly before each bracket at the pre-start area by the judges.

Highest ranked = **Red**, 2nd ranked = **Green**, 3rd ranked = **Blue** and 4th ranked = **Yellow**

Red	Green	Yellow	Blue

Appendix 4 Missing Adel certificates

As at 28 July, there was no record of these Athletes certificates.

ICF Number	Family Name	Name	Gender	NOC	Function
165461	PINTERIC	Lili	Female	SLO	Athlete
166929	COSTA CARVALHO	Jose	Male	POR	Athlete
157871	AMOSOV	Denis	Male	AIN	Athlete
169734	DIACHKOV	Andrei	Male	AIN	Athlete
169739	FILATOV	Mikhail	Male	AIN	Athlete
169733	GOLOVIN	Dmitrii	Male	AIN	Athlete
169735	IZIUMOVA	Anastasiia	Female	AIN	Athlete
169736	LAPIKOV	Danila	Male	AIN	Athlete
169737	POPOVA	Anastasiia	Female	AIN	Athlete
169738	ROGOVA	Kira	Female	AIN	Athlete
157852	SIZOV	Aleksei	Male	AIN	Athlete
170123	AMOSOV	Dmitrii	Male	AIN	Coach
170122	PRUSAKOV	Aleksandr	Male	AIN	Coach
106062	POLLERT	Jan	Male	CZE	Athlete
142270	OTEIZA	Unai	Male	FRA	Athlete
171747	DELOSSUS	Anatole	Male	FRA	Coach
169452	DOBRIN	Nina	Female	SLO	Team Staff